

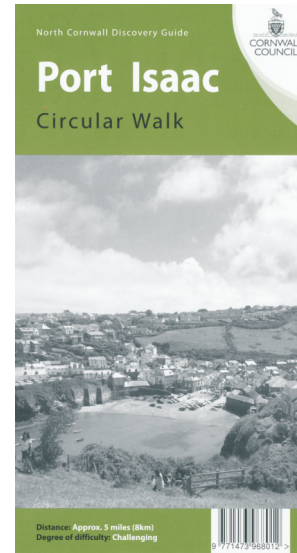
## Padstow Circular Walk 60p

**Distance:** Approx. 7 miles

**Time:** Allow 3 ½ hours

**Terrain:** Mainly coastal footpath and country footpaths. Some slopes.

**Info:** Nowhere in Cornwall will you find such a variety of scenery on such a short walk. Estuary, sand dunes, exposed cliffs and agricultural fields are all represented on this 7 mile walk along with superb open views over the Camel to Rock, Brea Hill and Pentire Point on the opposite bank. It has been carefully waymarked to guide users and is suitable for most people.



## Port Isaac Circular Walk 60p

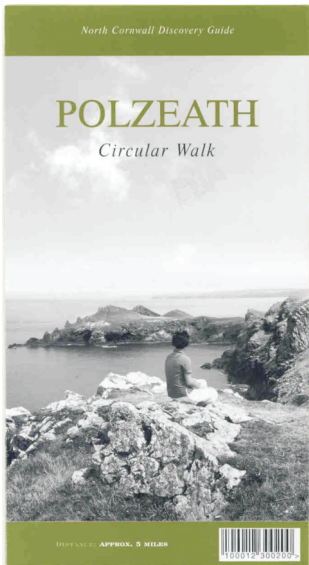
**Distance:** Approx. 5 miles

**Time:** 4.5 hours

**Terrain:** Challenging

**Info:** This arduous but wonderful walk takes you through one of the most architecturally interesting villages in North Cornwall. It then proceeds along the coastal footpath to Port Quin and back inland past the ancient farmstead of Roscarrock.

An order form can be downloaded from the walking leaflet page on this site.



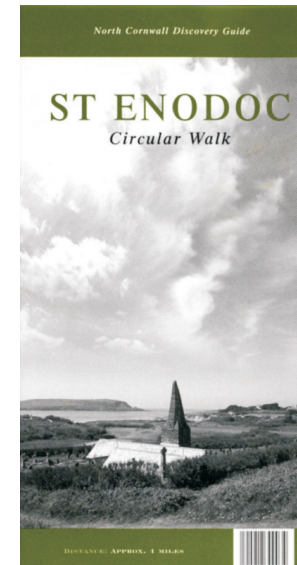
## Polzeath Circular Walk 60p

**Distance:** Approx. 5 miles

**Time:** Allow 3 hours

**Terrain:** Mainly country footpaths and coastal path. Some slopes.

**Info:** This wonderful 5 miles walk leads you away from the hustle and bustle of the popular beaches of Polzeath to the tranquil farmland around Pentire Head and then onto the coastal path. Predominantly a flat, easy walk there are spectacular views of Port Isaac Bay, the Camel Estuary and the coastline south to Trevoze Head. The walk also takes in sites of historic interest, with aged farmsteads nestles amongst remnants of old lead mines and an Iron Age cliff fortress, one of the best in the country.



## St. Enodoc Circular Walk 60p

**Distance:** Approx. 3 ½ miles

**Time:** Allow 2 ½ hours

**Terrain:** Mainly coastal and country paths, some tarmac.

**Info:** This is a 3 ½ mile walk that could be described as a trek through both ancient and modern times, where Medieval ecclesiastical meets C20th recreational society. Starting from the sands of Daymer Bay you will come across the once buried church of St Enodoc, with its crooked spine peering out of a mass of Tamarisk. The walk ascends through St. Enodoc Golf Course up to the overlooking highland, with spectacular panoramic views stretching from Padstow to the hinterland of Bodmin Moor.