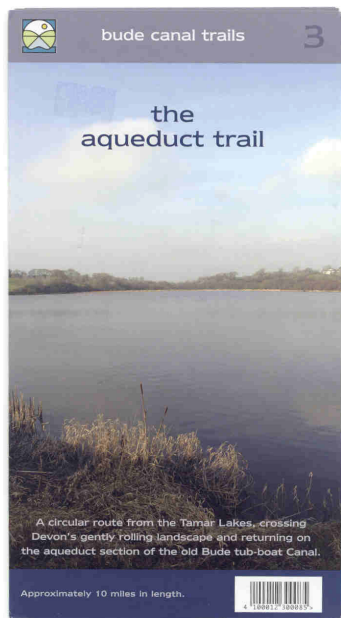


## The Aqueduct Trail

70p



**Distance:** Approx. 10 miles

**Time:** Allow 5 hours

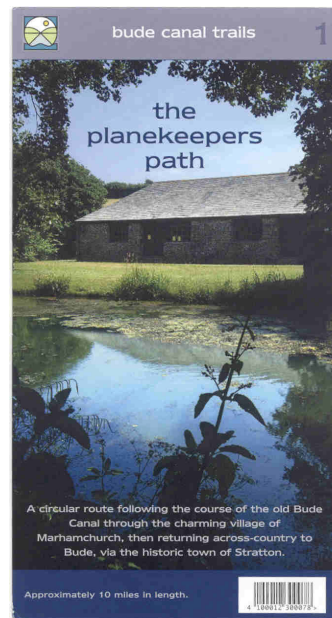
**Terrain:** Mixture of Canal Footpath, country lanes and footpaths.

**Info:** This long (10 miles) but easy trail meanders through pretty borderland of Cornwall and Devon. Its first half takes you from Tamar Lakes reservoirs, along country lanes which criss-cross the winding course of the Bude tub-boat canal. The return journey follows the tow-path alongside the 'feeder arm' of the canal (also known as the Bude Aqueduct), which runs north from Brendon Bridge for 4 ½ miles, back to the Tamar Lakes.

*An order form can be downloaded from the [www.visitboscastleandtintagel.com](http://www.visitboscastleandtintagel.com) website, and is on page 23 of our Coast Lines newspaper.*

## The Planekeepers Path

70p



**Distance:** Approx. 10 miles

**Time:** Allow 5 – 6 hours

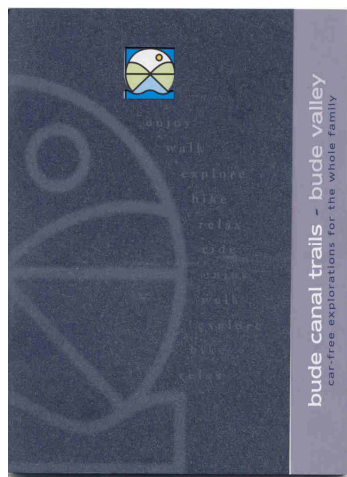
**Terrain:** Country lanes and footpaths. Quite an easy, but long walk.

**Info:** This walk commences from the sea-lock, where vessels would leave the open water and enter the Lower Canal Basin to discharge their cargoes into Barges. At Helebridge the Barges were unloaded and transport continued inland by smaller, shallow tub-boats. The Planekeepers Path follows the route the boatmen took as they tendered their cargoes from Bude to the Thurlibeer Inclined Plane. It then continues through beautiful countryside on footpaths and quiet lanes and head back to via the ancient town of Stratton.

*An order form can be downloaded from the [www.visitboscastleandtintagel.com](http://www.visitboscastleandtintagel.com) website, and is on page 23 of our Coast Lines newspaper.*

## Bude Canal Trails

£2.99



The Bude Canal is a fascinating landscape feature, meandering through the countryside of this part of North Cornwall and the adjoining part of Devon. It also includes many items of historic interest, making it one of the country's most important canals in heritage terms.

This booklet gives you some ideas for walks to explore the Bude Canal, its surrounding landscape and slightly further a field in the Bude Valley.

*An order form can be downloaded from the [www.visitboscastleandtintagel.com](http://www.visitboscastleandtintagel.com) website, and is on page 23 of our Coast Lines newspaper.*