

# Countryside Events

The walks scheduled within this programme are all designed for the general public and are generally free of charge (where there is a cost, it is indicated). All the details are correct at the time of going to press but we cannot be held responsible for any last minute changes which might be necessary due to outside factors. It is advisable to check first by phoning the **BOSCASTLE VISITOR CENTRE ON (01840) 250010**. For those walks/events where you are requested to book, please do so at your earliest convenience to avoid disappointment. Finally, those who come on these organised walks/events do so entirely at their own risk. Cornwall Council does not accept responsibility in the event of any accident that might occur whilst the walk/event is in progress.

The Council would like to express its thanks to all those who take part in the programme, those who attend and especially those who give up their time to lead them.

## MARCH

### Every Wednesday in March 10.00 am WILDLIFE OF THE CAMEL ESTUARY

The Wildlife of the Camel Estuary is varied and diverse throughout the year. Join us as we search for a myriad of birds, including, waders' wildfowl and gulls. There will be lots to see and learn about with your knowledgeable guides.

**Meet:** Countrywise, Eddystone Rd, Wadebridge SW989 725  
**Leader:** Various

**Duration:** Approx 4 hours (weather permitting)

**Details:** Bring binoculars, drink and snack. Wear suitable clothing and footwear. 01208 812423 for details.

**Donation:** £2 per person. Sorry no dogs.

### Wednesday 11th March 10.00 am ST EVAL & ST MERRYN GUIDED WALK

This is a Camel Ramblers Group walk and is an 8 mile moderate walk along the Coast and Farm paths. Please wear sturdy footwear and bring food and drink with you. Anyone interested in informal car sharing please contact the leader.

**Meet:** Pentire Farm N.T. Car Park nr Porthcothan. SW852 706  
**Leader:** Libby Bennett 01208 895044

**Duration:** approx 5 Hours

### Tuesday 31st March 10.30 am ST ISSEY GUIDED WALK - NORTH CORNWALL

This is a Camel Ramblers Group walk and will be incorporating Little Petherick, Saints Way to Dennis Hill, Camel trail, Old Town Cove and St Issey.

**Meet:** St Issey Car Park, East side of Church SW929 718  
**Leaders:** David and Rosemarie 01208 813188

**Duration:** 3 Hours moderate walk

**Details:** Please wear sturdy footwear, food and drink. No dogs, optional lunch at Ring O' bells pub at the end of walk.

## APRIL

### Every Wednesday in April 10.00 am WILDLIFE OF THE CAMEL ESTUARY

See March for details.

### Monday 6th April 10.00 am – 4.00 pm POETRY WRITING AT DIZZARD WOODS

An opportunity for adults (whether experienced or not) to write poetry with Helen Jagger in response to the cliff-growing ancient Oak Woodland at Dizzard. Meet up at Boscastle Visitor Centre before driving to Dizzard where we will walk, talk and make notes before returning to Boscastle. Here we'll share our reactions to the landscape and consider some tree poems, before drafting and revising poems of our own. Work from this workshop will be considered for inclusion in publications by the Great Trees of Cornwall Project, and for reading to celebrate the Poetry Society's Centenary at Lanhydrock House in October. If you are unable to walk cross-country do join us in the meeting room at Boscastle Visitor Centre, and we will rejoin you after our walk, sharing photographs and our responses.

**Meet:** Boscastle Visitor Centre  
**Leader:** Helen Jagger

**Details:** £5 per head, please bring Paper and Clipboard, something to lean on, pens or pencils and dress appropriately for walking across fields and along the Coastal path. Booking through Boscastle Visitor Centre 01840 250010.

### Tuesday 7th April 2.00pm – 5.00pm SCARECROW MAKING

Help the Countryside team to sow seeds and make scarecrows which will then be put to work on the Beacon. Ages 6 and upwards. Donations welcome.

**Meet:** Bodmin Beacon Car park  
**Leader:** Carol Whibley

**Details:** Contact 01208 262857 for more information

### Tuesday 7th April 10.00am – 4.00pm approx PRACTICAL CONSERVATION DAY IN KIT HILL QUARRY

Clearing vegetation off the finger dumps at the top of the incline. Bring packed lunch and a drink. Wear strong boots or wellies and old clothes.

**Meet:** Kit Hill North View car park (on right hand side of road to summit) Grid Ref: SX377 715

**Leader:** Cornwall Council. Call 01579 370030 / email: jheskett@cornwall.gov.uk

### Wednesday 8th April 10.00 am – 1.00 pm ARCHAEOLOGY AROUND PADSTOW (STEPPER POINT)

Walk the coast path and discover what happened in years gone by. Bring Light refreshments/packed lunch / a drink and waterproofs warm clothes or sun cream. This is a free event however parking fees still apply.

**Meet:** Padstow TIC  
**Leader:** Nick Johnson

### Thursday 9th April 10.00am BEACH SPRING CLEAN AND SAUSAGE SIZZLER

Do you enjoy spending time on Cornwall's fantastic beaches? Why not

come and help us spring clean the stunning beach at Polzeath? We'll provide a BBQ so bring along something tasty to munch on afterwards.

**Meet:** Pentireglaze Haven Beach (Baby Bay), New Polzeath

**Leader:** The National Trust

**Details:** Equipment provided. Just bring something to drink and your favourite food for the BBQ

### Friday 10 April 2.15pm-3.45pm and 4.00pm-5.30pm FIRESIDE TALES

An afternoon of tall tales with a local storyteller, around a campfire deep in the forest.

**Meet:** Cardinham Woods Nr Bodmin SW820478

**Details:** 4-8 years (1st session) and 9 years+ (2nd session). No Dogs. £5 per person. Booking Essential. 01392 834233.

### Saturday 11th April 10.30 am CONSTANTINE BAY TO PADSTOW

The Camel Ramblers group will be leading this walk taking the bus to the start and then walking back along the coast taking in the following places on the way Trevoze Head, Harlyn Bay, Trevone, Stepper Point, and Padstow.

**Meet:** Padstow car park by Lobster Hatchery SW 919752 10.30am to catch the 556 bus to Constantine Bay at 10.35am.

**Leader:** Ray Curtis-Clarke Camel Ramblers Group

**Duration:** 11 miles 6hrs. Moderate.

**Details:** Wear walking boots, bring food, drink and bus fare with you. Contact leader to confirm bus time. 01208 812483.

### Tuesday 14th April 10.30 am SLADESBRIDGE GUIDED WALK

The Camel Ramblers group will be leading this 4 mile walk we will be passing Sladesbridge, Hingham Mill, Trewarder Farm, Eglosayle, and then back to Guineaport.

**Meet:** At Guineaport Road, Wadebridge

**Leaders:** David and Rosemarie 01208 813188

**Duration:** 2½ Hours Leisure Walk

**Details:** Please wear suitable walking footwear, and bring food and drink with you. No Dogs, could be muddy in the first half, would suit anyone interested in trying the Ramblers.

### Tuesday 14th April 10.00am - 3.00pm DIY BAT AND BIRD BOX BUILD

Build your very own bat or bird box and have a go at our wildlife quiz. Why not bring a packed lunch and enjoy the spectacular views from Pentire Point?

**Meet:** Please park at the Lead Mines car park (SW 941 800) then walk back down the farm road 200 metres to meet at Pentireglaze (nr New Polzeath) SW 943 799

**Leader:** The National Trust.

**Details:** £5 to take your bird/bat box home. Any remaining boxes will be erected on Trust land

### Wednesday 15th April 7.30pm - weather permitting. STARGAZING STROLLS

This is a chance to discover the magic of the night sky, where there is little or no light pollution and share your knowledge with like minded novices. Please bring a torch, Binoculars (not essential) warm clothing, sturdy footwear etc. There is a bit of a pull up on to the common from the harbour. If you have difficulty walking please do speak to the Visitor Centre as there are other ways to access the common.

**Meet:** Outside Boscastle Visitor Centre

**Leader:** Denise Tillinghast

**Duration:** 1½ - 2 Hours

**Details:** Booking essential either in person at the Visitor Centre or on 01840 250010. Donations welcome.

### Thursday April 16th 10.00am to 5.00pm TUDOR DAY

Step back in time and become a Tudor for a day. Re-enact activities that went on in Tudor times in Poundstock's unique Grade I listed Gildhouse. Help prepare for a Tudor feast by baking bread platters, brewing ginger beer and learning Tudor dances. Also learn to make cob, one of the materials used to build the Gildhouse and play some Tudor games. Costumes will be provided. A simple lunch will be taken in the Feasting Hall. Choices made on booking.

**Meet:** Gildhouse Poundstock near Widemouth

**Details:** Suitable for adults and families but not for children under 5. Children must be accompanied by an adult. Booking essential as only 30 places are available. Book at Boscastle Visitor Centre 01840 250010 Price £5 per person.

### Friday 17th April 10.00 am – 4.00 pm STRAW SCULPTURES FOR THE CANAL

Come and help make giant straw sculptures to float on the Bude Canal. For more information contact: 01208 262857

**Leader:** Carol Whibley

**Meet:** Crescent car park, Bude.

**Details:** Recommended Age 6 and upwards. Please book on 01840 779084. Donations welcome.

### Saturday 18th April 10.00am – 1.00pm CONSTANTINE BAY BEACH CLEAN (CLEAN CORNWALL EVENT)

Help the beach ranger clean the beach and the sand dunes, also take in the tremendous scenery and find out more about the dune system and local area.

**Meet:** Constantine Bay nr Padstow grid ref SW858 745

**Leader:** Beach Ranger

**Details:** Appropriate footwear, sun cream, warm clothing, wet weather clothing, gloves optional.

### Saturday 18th April CAMEL TRAIL PARTNERSHIP EVENT

Camel Ramblers are working with the Camel Trail Partnership, the Environment Agency, The Forestry Commission and The Westcountry Rivers Trust to put on a day of walks and events to showcase all that the trail and it's surroundings have to offer. One or more walks will start from Guineaport Road, Wadebridge, road parking, at the start of the Trail to Bodmin SW995719 and will be on the Trail, on the local footpaths and alongside the River Camel. At the time of going to press no start times can be given. For further details contact Ray Curtis-Clarke on 01208 812483 or visit our website: www.racamelgroup.org.uk

### Sunday 19th April 10.00am – 6.00pm PDSA FREE DOG HEALTH CHECKS AND SHORT WALKIES ON KIT HILL

The PDSA PetCheck team will be in the summit car park to give free health checks to dogs and advise on caring for other pets (for safety bring dogs only please). At 11am and 2 pm the wardens will lead a short dog walk on the Hill. This event is FREE!

**Meet:** Kit Hill summit car park

**Leader:** Cornwall Council

### Wednesday 22nd April 10.00am BODMIN MOOR GUIDED WALK

The Camel Ramblers Group are organising this 8 mile moderate walk taking in Carburrow Tor and Colvannick Tor.

**Meet:** Temple Fishery car park off A30 SX133726

**Leader:** Libby Bennett

**Duration:** 5 Hours Moderate Walk

**Details:** Please wear sturdy footwear, bring refreshments with you, anyone interested in informal car share please contact the leader: 01208 895044 Libby Bennett.

### Thursday 23rd April 10.30 am BEDRUTHAN STEPS GUIDED WALK

The Camel Ramblers Group are leading this 4 mile leisure walk, passing Pentire Farm and Park Head. Optional lunch at café.

**Meet:** National Trust Car Park Carnevas SW850690

**Leaders:** Sue and Reg 01208 832136

**Duration:** Approx 2 Hours

**Details:** Please wear sturdy footwear; No dogs, Money for car park and optional lunch.

### Saturday 25th April 10.30 am LUXULYAN (Camel) GUIDED WALK

The Camel Ramblers Group will be leading this 7 mile walk taking in Saints Way, Prideaux, Luxulyan Valley.

**Meet:** At Wide road near Luxulyan Church SX052581

**Leaders:** Danny and Brenda

**Duration:** Approx 3-4 Hours

**Details:** Moderate walk. Please wear suitable sturdy footwear, and bring refreshments with you.

### Sunday 26th April 10.00am – 1.00pm BABY BAY (POLZEATH) BEACH CLEAN (CLEAN CORNWALL EVENT)

Help the beach ranger clean the beach and the sand dunes, also take in the tremendous scenery and find out more about the dune system and local area.

**Meet:** Baby Bay (Polzeath) grid ref SW934 795

**Leader:** Bryan Bartlett Beach Ranger

**Details:** Appropriate footwear, sun cream, warm clothing, wet weather clothing, gloves optional

### Sunday 26th April From 10.30am MEGA BEACH CLEAN

Join the National Trust, Beach Rangers and The Wavehouse, Bude to help spring clean the popular surfing beach at Sandymouth. Café open for refreshments.

**Meet:** Sandymouth, Bude. Grid reference SS 203 100

**Details:** Equipment will be provided

### Sunday 26th April 2.30 pm TRERAVEN FARM WITH THE GAIA TRUST

A spring walk around Treraven Farm to enjoy the bluebell woods and spring flowers. Please wear Stout walking shoes or Wellingtons.

**Meet:** By 2.30 pm at Guineaport

**Leader:** Alison Vaughan

**Duration:** Approx 2 Hours

**Details:** For further details and booking please contact Alison Vaughan: 01209 890696. Donations welcome.

## MAY

### Every Wednesday in May, 10.00 am WILDLIFE OF PENTIRE AND THE RUMPS

A circular walk around this National Trust property with the chance to see diverse wildlife including corn buntings, puffins, butterflies and a range of maritime plants. There will be lots to see and learn about with your knowledgeable guides.

**Meet:** Pentire Farm, New Polzeath. Grid ref SW936803

**Leader:** Various

**Duration:** Approx 4 hours (weather permitting)

**Details:** Bring binoculars, drink and snack. Wear suitable clothing and footwear. Not suitable for young children. Sorry, no dogs. There will be some walking near the cliff edge and over rough terrain.

**Donation:** £2 per person. 01208 812423 for details

### Saturday May 9th 5.00-7.00am UP WITH THE LARK!

Celebrate National Dawn Chorus Day and enjoy an early morning stroll along the Bude Canal. Followed by a bacon butty and a cup of tea. There will be a charge for breakfast.

**Leader:** Tim Dingle

**Contact:** 01208 262857 for more information.

**Meet:** Crescent Car park Bude

**Details:** Recommended Age 10 and up. Please Book 01840 779084.

### Saturday May 9th 9.30 pm OLD MOTHER SHIPTON 'N' ALL

Moths are amongst the most magical and attractive of Gods creatures with wonderfully descriptive names to boot! Join us at Helland, one of our 'living churchyards' to find out more in the

company of an expert. This is a free event. Wear warm clothing, bring a torch and something to kneel on. Tea and coffee will be provided.

**Meet:** Helland Churchyard (Bodmin) grid ref: SX075 710

**Leaders:** Paul Wakelin and David Atwell

**Duration:** 9.30 pm (till whenever)

**Details:** This event will be cancelled in the event of heavy rain.

### Thursday 21st May 3.00 pm – 4.30 pm approx BOSCASTLE BOAT TRIP

The landscape always looks different from the sea, the cliffs much larger and the land much emptier. There is geology, history and possibly wildlife to explore from here so why not book as soon as you can and ensure a place on a unique seascape exploration.

**Meet:** Boscastle Harbour

**Leader:** Visitor Services

**Details:** Cost £10.00 per person. Payment by cheque or credit card on booking. Please allow time to park and get to the harbour. Book through Boscastle Visitor Centre on 01840 250010. Places are limited to 11 spaces.

### Saturday 23rd May 10.00 am ST MINVER PARISH GUIDED WALK

Walking paths between St Kew, St Endellion and St Minver. A moderate 10 – 12 mile walk please wear suitable footwear and bring refreshments with you. Should anyone be interested in car sharing please contact the leader Libby Bennett 01208 895044. Donations Welcome.

**Meet:** Chapel Amble car park SW998754

**Leader:** Libby Bennett

**Duration:** approx 6 Hours

### Sunday 24th May, 2.00 pm SMUGGLERS, WRECKERS AND THE CRACKINGTON FORMATION

Join a local conservationist and learn about the incredible variety of wildlife which lives between Boscastle and Crackington Haven: including the spectacular Geology/Rock formations which make up the 'Site of Special Scientific Interest'. Also hear about ancient and recent Shipwrecks along this rugged and dangerous stretch of coastline.

**Meet:** Trevigie Farm nr Crackington Haven

**Leader:** Francis Crocker

**Duration:** Approx 2 Hours

**Details:** A moderate walk. Please wear suitable clothing and footwear. Donations welcome. Please book as places are limited to 15! 01840 230730 or 07852486197

### Sunday May 24th 3.00pm - 4.00pm POUNDSTOCK CHURCH WALK AND HOLY WELL BLESSING.

Start at Poundstock Gildhouse then an easy stroll through fields with spectacular coastal views to St Neot's Holy Well where a Celtic Well blessing will take place. Bring some flowers to place in the well. Learn about the history of the well and walk or ride back to the Gildhouse for refreshments. No charge but donations welcome for the upkeep of the Gildhouse.

**Meet:** Poundstock Gildhouse nr Widemouth.

### Sunday 24th May 4.00 pm TRERAVEN FARM WITH THE GAIA TRUST

An early evening walk to coincide with the high tide and flooding of the saltwater meadows. Please wear stout walking shoes or wellingtons. Donations Welcome.

**Meet:** At Guineaport Wadebridge.

**Leader:** James Burke from the Environment Agency

**Duration:** Approx 2 Hours.

**Details:** For booking and further details please contact James Burke: 07721416333 or Alison Vaughan: 01209 890696

### Wednesday 27th May 2.00pm HISTORICAL BOSCASTLE

An early afternoon chance to peep behind the touristy veneer of this wonderful seaside village secluded in the sinuous wooded valley. We will be guided around in the company of two local residents with knowledge of how the village once was. There is much to see in the local architecture and form which tells the story of Boscastle's rich past.

**Meet:** Outside Boscastle Visitor Centre on the harbour

**Leaders:** Morag and Margaret

**Duration:** approx 2 Hours.

**Details:** Donations Welcome. For further details please telephone: 01840 250010.

### Thursday 28th May 10.00am BODMIN AND BEYOND

Join the Camel Trail Rangers for a scenic stroll along the wooded Camel Valley. We will ascend to the fringes of Bodmin Moor through woods and farmland and then return along the Camel Trail.

**Meet:** Camel Trail Car at The Borough Arms, Dunmere. Grid ref SX047676.

**Leader:** Jon Cripps CCC Warden / Peter Gardener Ranger

**Duration:** 5 miles / 3 ½ hrs

**Details:** Sensible walking boots / shoes, bring waterproofs, undulating route on rough ground, bring a packed lunch. FREE event, BOOKING ESSENTIAL to give us an idea of numbers, call 01840 779084.

### Thursday 29th May 2.00 pm – 4.00 pm MINI BEAST AND BUG HOUSE MAKING

Join Bude area rangers on a creepy crawly bug hunt amongst the undergrowth, and make bug homes to take away. Suitable for all ages.

**Meet:** Crescent car park, Bude

**Leader:** Coralie Barrow