

and landscape of this well-known corner of Cornwall.

**Meet:** Tintagel Visitor Centre, 2pm  
**Leader:** Suzy Soutter Visitor Centre Volunteer  
**Duration:** 2 Hours  
**Details:** A waterproof may be advisable.

● **Tuesday 7th July - 9:15pm**  
**NOCTURNAL NATURE TRAIL**

Enjoy the adventure, an after dark/dusk walk on the highest cliffs in Cornwall. Glow Worms, badgers a variety of bats are hoped to be seen during this informative and entertaining walk. Please wear warm dark clothes, flat shoes and bring torches.

**Meet:** Trevigie Farm, near Crackington Haven.  
**Leader:** Francis Crocker, local wildlife expert.  
**Duration:** 1.5 hours (approx.)  
**Details:** Tel. 01840 230 730/418 mob: 07852486197 to book as places are limited. Donations welcome.

● **Wednesday 8th July - 2.00pm**  
**WOODLAND WALK IN MILLOOK**

Just behind the coast is a wonderful valley. The paths lead through old woodland and rich meadows. At this time there should be plenty of butterflies as well as flowers. Part of the walk will be along the dramatic cliffs. No need to Book just come along.

**Leader:** Tim Dingle  
**Meet:** Cleave, 1/2 mile south of Millook. GR: SX 176993  
**Details:** 3 miles. There are some steep ups and downs, so stout footwear is essential.

● **Thursday 9th July 2.00pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See Thursday 2nd July for details.

● **Sunday 12th July 10.00am-1.00pm**  
**THE ARCHAEOLOGY OF ROUGH TOR**

A fascinating interpretation of one of Cornwall's most important archaeological sites. The walk will be led by professional archaeologist Peter Herring of English Nature.

**Meet:** Rough Tor car park, Nr Camelford. SX 138 818  
**Details:** Cost £2 per person Walking boots and waterproofs. Booking essential – places limited. Please ring 01208 863821 by July 10th.

● **Tuesday 14th July 10.00am -12.30pm approx**  
**BOSCASTLE BOAT TRIP**

The landscape always looks different from the sea, the cliffs much larger and the land much emptier. There is geology, history and possibly wildlife to explore from here so why not book as soon as you can and ensure a place on a unique seascape exploration.

**Meet:** Boscastle Harbour  
**Leader:** Visitor Services  
**Details:** Cost £10.00 per person. Payment by cheque or credit card on booking. Please allow time to park and get to the harbour. Book through Boscastle Visitor Centre on 01840 250010. Places are limited to 11 spaces.

● **Sunday 12th July 9.00 am - 12.00pm approx**  
**HEATHLAND BIRDS ON KIT HILL**

Come and learn about the birds who live on the heath with local bird expert. Please bring Binoculars and a drink.

**Meet:** Kit Hill entrance car park Grid Ref: SX383713  
**Leaders:** Dr Malcolm Wright and the Kit Hill Wardens.  
 This is a FREE event. Booking not essential but preferred please call 01872 323468.

● **Wednesday 15th July 10.30 am**  
**WEEK ST MARY HISTORICAL WALK**  
 See 17th June for details.

● **Thursday 16th July 2.00pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See 2nd July for details.

● **Friday 17th July 9.00 pm**  
**BATS, MOTHS AND WORMS**

Discover Bats, Moths and Glow worms along the Bude Canal.

**Meet:** Crescent car park, Bude  
**Leader:** David Attwell  
**Duration:** 9.00 pm till whenever  
**Details:** Suitable for ages 8 and upwards. For further information please contact 01208 262857. Donations welcome.

● **Sunday 19th July 2.00pm**  
**BUDE CANAL GUIDED WALK**  
 See 5th July for details.

● **Tuesday 21st July 11.00pm - 1.30pm**  
**ROCK POOL RAMBLE**

Explore the rock pools at Crooklets beach; there will be lots to discover in the pools, nooks and crannies. Identify what you have found with the Beach Ranger, who knows what treasures are waiting to be discovered.

**Meet:** Crooklets Beach Ranger Office, grid ref: SS204 072  
**Leader:** Beach Ranger Service  
**Details:** Bring nets and buckets if you have them and gripped shoes you don't mind getting wet! An adult must accompany children please.

● **Wednesday 22nd July 12.45pm - 2.30pm**  
**ROCK POOL RAMBLE**

Explore the rock pools of the Polzeath Voluntary Marine Wildlife Area and see what's hiding out under the water and seaweeds of this ever-interesting place. There'll be plenty to find in the pools, crannies, nooks and gullies, and there'll be plenty to find out about them! So come on down to the beach and get stuck in!

**Meet:** Polzeath Marine Visitor Centre ( Opposite the pitch and putt) grid ref: SW934 795  
**Leader:** Beach Ranger Service  
**Details:** Bring nets and buckets if you have them and gripped shoes you don't mind getting wet! An adult must accompany children please.

● **Wednesday 22nd July 11.00am - 1.00pm (inc Lunch)**  
**BUDE GEOLOGY TRAIL**  
 Walk the coast path and discover the geological marvels around you. Wear sensible walking shoes, bring waterproofs warm clothes and sun cream, light refreshments / packed lunch / drink. This is a free event however pay and display fees still apply.  
**Meet:** Crescent car park (pay and display)  
**Leader:** Jane Anderson Geologist.  
**Details:** North Cornwall Geology Guide available from Visitor Centres cost £3.99, North Cornwall Geology Leaflets available from Visitor Centres cost 70p (may be worth getting hold of a copy

before the walk or copies will be available on the day).

● **Wednesday 22nd July 4.00pm**  
**TREAVEN FARM WITH THE GAIA TRUST**

An early evening walk to coincide with the high tide and flooding of the saltwater meadows. Please wear stout walking shoes or Wellingtons.

**Meet:** At Guineaport Wadebridge.  
**Leader:** James Burke from the Environment Agency  
**Duration:** Approx 2 Hours  
**Details:** Donations welcome. For Booking and further details please contact James Burke 07721416333 or Alison Vaughan 01209 890696.

● **Thursday 23rd July 2.00pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See Thursday 2nd July for details.

● **Friday 24th July, 1.15 - 3.15pm**  
**ROCK POOL RAMBLE**

The teeming seashore of Treyarnon Bay plays host to today's rock pool delving, there are no end of clever creatures peeping out from the water, waiting to be discovered. Where do you start what? rock shall you look under? There's only one answer! Join the Beach Ranger at Treyarnon Bay to discover and slip about the rocky wildlife yourself.

**Meet:** Treyarnon Bay Beach Slipway Grid ref: SW858 721  
**Leader:** Beach Ranger Service  
**Details:** Bring nets and buckets if you have them and gripped shoes you don't mind getting wet! An adult must accompany children please.

● **Monday 27th July 10.30am - 12.30pm**  
**BUDE CANAL FAMILY HERB WALK**

Starting at the Castle Heritage Centre, explore the folklore and traditional uses of the plants growing beside Bude Canal. Learn how to identify them and make simple herbal remedies such as infused oils and sleep sachets. Suitable for Adults and Children over 6 years old.

**Meet:** The Castle Heritage Centre  
**Details:** This is a free event. Booking is advisable to avoid disappointment – call 01288 357300.

● **Tuesday 28th July 2.00pm - 4.00pm**  
**POND DIPPING AND MINI BEAST SAFARI**

Come and poot, dip and sweep at Kit Hill Country Park and find out about a bugs life. Please note all children under the age of 16 must be accompanied by an adult at all times. This is a FREE event

**Meet:** Summit car park at Kit Hill, Nr Callington SX 375713  
**Leader:** Cornwall Council  
**Details:** Please bring Please bring sun cream, hat and refreshments. Sorry no dogs. Booking essential on 01872 323468.

● **Wednesday 29th July 10.30am**  
**WEEK ST MARY HISTORICAL WALK**

See 17th June for details.

● **Thursday 30th July 2 pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See Thursday 2nd July for details.

● **Thursday 30th July 2.00pm - 4.00pm**  
**EARTH MAGIC**

Come and discover the earthly wonders of Kit Hill. Children must be accompanied by an adult. Please bring sun cream, hat and refreshments. This is a FREE event

**Meet:** Kit Hill Adit car park, (2nd on left) grid ref. SX379 714 Nr. Callington  
**Leader:** Cornwall Council  
**Details:** Booking essential call 01872 323468 to reserve your place. No dogs.

**JULY**

● **All Wednesdays in August, 10.00am**  
**WILDLIFE OF PENTIRE AND THE RUMPS**  
 Please see May for details.

● **Sunday 2nd August 2 pm**  
**BUDE CANAL GUIDED WALK**  
 Please see 5th July for details.

● **Monday 3rd August 9.30am-12.00pm**  
**BUSHCRAFT**

Go wild in the woods on this introduction to bushcraft and survival skills.

**Meet:** Cardinham Woods nr Bodmin SX100666  
**Details:** 8 - 12 years £5 per child. Accompanying adults go free. Booking Essential. 01392 834233. No dogs.

● **Monday 3rd 1.30pm-3.30pm**  
**MINI BUSHCRAFT**

As for Bushcraft, aimed at younger children.

**Meet:** Cardinham Woods nr Bodmin SX100666  
**Details:** 5 - 8 years £5 per child. Accompanying adults go free. Booking Essential. 01392 834233. No dogs.

● **Tuesday 4th August 2009 - 10.15am**  
**STRANGLES EXPLORER**

Descend the donkey path to this spectacular beach and learn about the geology and wildlife of this remote area in the company of somebody who has lived on the cliffs for most of his life. Francis Crocker has won a number of awards for his wildlife conservation and was featured on BBC Country file.

**Meet:** Trevigie Farm Nr; Crackington Haven  
**Leader:** Francis Crocker (local wildlife expert)  
**Duration:** 3-4 hours (approx)  
**Details:** Tel. 01840 230 730 mob: 07852486197 to book as places are limited. Donations welcome.

● **Tuesday August 4th 11.00am**  
**ROCK POOL RAMBLE AT CROOKLETS**  
 See July 21st for details.

● **Tuesday August 4th 11.00 am**  
**ROCK POOL RAMBLE AT POLZEATH**  
 See July 22nd for details.

● **Tuesday 4 August 10am-12.30pm**  
**WILDLIFE DETECTIVES**

We'll be exploring the river and the wildflower meadow to track down some fearsome predators!

**Meet:** Cardinham Woods nr Bodmin SX100666  
**Details:** 8 - 12 years £5 per child. Accompanying adults free. Booking Essential. 01392 834233. No dogs.

● **Tuesday 4 August 1.30 - 3.30pm**  
**MINI WILDLIFE DETECTIVES**

As for Wildlife Detectives, aimed at younger children.

**Meet:** Cardinham Woods nr Bodmin SX100666  
**Details:** 5 - 8 years £5 per child. Accompanying adults go free. Booking Essential. 01392 834233. No dogs.

● **Tuesday 4th August 12.30pm**  
**WALL HANGINGS FROM THE WATERS EDGE**

Porth Mear is a gem of a rocky beach on the North Cornwall coast. Learn a little about life here and then scavenge for your own materials to make a wall hanging. The afternoon is aimed at families with children of all ages.

**Meet:** Park Head car park (between Newquay and Padstow) Grid reference SW 852 708  
**Details:** £2 per person Materials provided Essential. Please phone 01841 540540 to book your place.

● **Tuesday 4th - Thursday 6th August 11.00am-4.00pm**  
**WILDLIFE DETECTIVES**

Drop in holiday activities to learn more about local wildlife, including meet the moths; hunt for freshwater mini-beasts; investigate owl pellets; harbour quizzes and scavenger hunts; make a sun powered nature print; make a bat or bird box; test your wildlife ID skills and more.

**Meet:** Boscastle Harbour. Grid reference SX 098 914  
**Leader:** The National Trust  
**Details:** Donations for activities. Nest boxes £3

● **Wednesday 5th August 2.00pm - 4.00pm**  
**ADVENTURE HUNT**

An afternoon of fun with a combination of challenges, activities and trails. Children must be accompanied by an adult. Please bring with you sun cream, hat and refreshments. The cost is £1.50 under 16's accompanying adults free.

**Meet:** Kit Hill Summit car park, nr. Callington SX 375 713.  
**Leader:** Cornwall Council.  
**Details:** Booking essential call 01872 323468. Sorry no dogs.

● **Thursday August 6th 3.00pm**  
**TOUR OF POUNDSTOCK TUDOR GILDHOUSE AND CHURCH & CREAM TEA**

St. Winwaloe is the parish church of Poundstock, situated in a secluded dell by a small stream. Alongside stands its ancient Gildhouse, now a Grade 1 listed building, the best preserved example in Cornwall of a late medieval church house which has been in continuous use since it was built. Come along to this event and discover more about the history of this fascinating building and enjoy a homemade cream tea.

**Meet:** Poundstock Gildhouse near Widemouth.  
**Details:** Booking essential as places limited. Booking essential through Boscastle Visitor Centre 01840 250010. Cost £4 for tour and homemade cream tea.

● **Thursday 6th August 2.00pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See 2nd July for details.

● **Thursday 6th August 10.00am**  
**WENFORD WANDER**

Join the Camel Trail Rangers for a stroll starting next to the river Camel then ascending up to the famous De Lank Quarry on Bodmin Moor. We will then cross the De Lank River and descend back down to the Camel Valley returning along the Camel Trail. Sensible walking boots / shoes, bring waterproofs, undulating route on rough ground, bring a packed lunch.

**Meet:** Camel Trail Car Park Wenfordbridge SX085752  
**Leader:** Jon Cripps CCC Warden / Peter Gardener Ranger  
**Duration:** 4 miles - 2 1/2 hrs  
**Details:** FREE. BOOKING ESSENTIAL to give us an idea of numbers, call 01840 779084.

● **Thursday 6th August 4.00 pm - 5.30pm approx**  
**BOSCASTLE BOAT TRIP**

The landscape always looks different from the sea, the cliffs much larger and the land much emptier. There is geology, history and possibly wildlife to explore from here so why not book as soon as you can and ensure a place on a unique seascape exploration.

**Meet:** Boscastle Harbour  
**Leader:** Visitor Services  
**Details:** Cost £10.00 per person. Payment by cheque or credit card on booking. Please allow time to park and get to the harbour. Book through Boscastle Visitor Centre on 01840 250010. Places are limited to 11 spaces.

● **Thursday 6th 7.30pm until dusk**  
**BATS AND BBQ**

A BBQ and talk on bats followed by the chance to see Greater Horseshoe bats emerge from their cliff-top roost, at dusk.

**Meet:** Please park at the Lead Mines car park (SW 941 800) then walk back down the farm road 200 metres to meet at Pentireglaze (nr New Polzeath) SW 943 799  
**Leader:** The National Trust  
**Details:** A BBQ for cooking on will be provided but you will need to bring your own food, drinks, plates and cutlery. £2 per person. Booking essential. Please phone 01208 863821 as places are limited.

● **Friday 7th August 12.45am**  
**ROCK POOL RAMBLE AT TREYARNON**  
 See July 24th for details.

● **Monday 10 August 9.30am-12pm**  
**BUSHCRAFT**

See 3rd August for details.

● **Monday 10 August 1.30pm-3.30pm**  
**MINI BUSHCRAFT**

See 3rd August for details.

● **Tuesday 11th August 10.00am - 1.00pm**  
**EXPLORING COASTAL FLORA AND FAUNA AND HISTORICAL INFORMATION.**

Explore the beautiful Bude coastline and learn about the flora and wildlife and the local history of this area. Bring light refreshments / packed lunch and a drink (waterproofs warm clothes just in case) sun cream. This is a free event; please note car park fee still applies.

**Leader:** Tim Dingle  
**Meet:** Crescent car park Bude grid ref: SX208063

● **Tuesday 11th August 10.30am**  
**ST GENNYS COASTAL WILDLIFE & HISTORY WALK**

Join a spectacular walk with local nature conservationist. Learn of ancient mariners buried in grave yard and walk to 'Butterfly Valley' to learn about the national demise of the large blue butterfly and hear about conservation management to encourage its re-

colonisation.

**Meet:** St Gennys Church Nr. Crackington Haven SX 148 971  
**Leader:** Francis Crocker (local wildlife expert)  
**Duration:** 3 hours (approx)  
**Details:** Tel. 01840 230730 or 07852486197 to book as places are limited. Donations welcome.

● **Tuesday 11th August 2.00pm**  
**TINTAGEL PARISH WALK**

The parish of Tintagel has a lot more to offer than being the legendary birthplace of King Arthur. Come for a stroll in the company of a local resident and discover more about the history and landscape of this well-known corner of Cornwall.

**Meet:** Tintagel Visitor Centre, 2pm  
**Leader:** Suzy Soutter Visitor Centre Volunteer  
**Duration:** 2 Hours  
**Details:** A waterproof may be advisable.

● **Tuesday 11th August 1.00pm**  
**PIRATE'S COVE TREASURE HUNT**

A fun afternoon for families, especially the children, at Carnewas. Follow the cryptic clues to Blind Pugh's Cove, Raven Rock, Black Spot Island and more to find the "treasure".

**Meet:** National Trust car park, Carnewas (north of Newquay)  
**Leader:** The National Trust  
**Details:** £2 per person woods and farmland and then return

● **Wednesday 12th August 10.00am - 3.30pm**  
**SPLASH AND CLAMBER**

Have a go at canoeing and climbing on Kit Hill under the guidance of instructors from Cornwall Outdoors. Parents and Guardians can have a go to – all adults must be accompanied by a responsible child. Children do not need to be supervised on this event. Bring a packed lunch and drinks, FULL change of clothes, towel, wet and dry shoes, waterproofs/wetsuit if possible and a warm jumper. They will get wet!

**Meet:** Kit Hill Adit car park (2nd on left) SX37997145  
**Leader:** Instructors from Cornwall Outdoors  
**Details:** Booking is essential call: 01872 323468

● **Thursday August 13th 10.00 am - 5.00pm**  
**POUNDSTOCK TUDOR DAY**

Step back in time and become a Tudor for a day. Re-enact activities that went on in Tudor times in Poundstock's unique Grade 1 listed Gildhouse. Help prepare for a Tudor feast by baking bread platters, brewing ginger beer and learning Tudor dances. Also learn to make cob, one of the materials used to build the Gildhouse and play some Tudor games. Costumes will be provided. A simple lunch will be taken in the Feasting Hall.

**Meet:** Gildhouse Poundstock near Bude  
**Details:** Choices made on booking. Suitable for adults and families but not for children under 5. Children must be accompanied by an adult. Booking essential as only 30 places are available. Book at Boscastle Visitor Centre 01840 250010 Price £5 per person.

● **Thursday 13th August 10.30am - 12.00pm approx**  
**BOSCASTLE BOAT TRIP**

See 6th August for details.

● **Thursday 13th August 2.00pm**  
**AIRFIELD TOURS RAF DAVIDSTOW MOOR (1942-1945)**  
 See Thursday 2nd July for details.

● **Thursday 13th August 7.30pm until dusk**  
**BATS AND BBQ**

See 6th August for details.

● **Friday 14 August 8.00pm-10.00pm**  
**FIRESIDE TALES**

A magical evening of tall tales by a local storyteller, around a campfire deep in the woods.

**Meet:** Cardinham Woods nr Bodmin SX100666  
**Details:** 8 years + £6 per person. Includes warm fruit punch. Booking Essential. 01392 834233. No dogs.

● **Sunday 16th August 2.00pm**  
**BUDE CANAL GUIDED WALK**  
 See 5th July for details.

● **Sunday 16th August 1.30pm**  
**TREASURE TRAIL ON KIT HILL**

Follow the clues and solve the puzzles along the trail to claim your prize. Small prize and certificate for all the children who complete the trail. Children must be accompanied by an adult at all times.

**Meet:** Kit Hill Summit Car Park SX37517136  
**Leader:** Cornwall Council  
**Duration:** Start the trail between 1.20 and 3.00 pm. The trail should take about an hour.  
**Details:** Cost £1.50 per child. Booking preferred - please call 01872 323468. Bring refreshments with you.

● **Tuesday 18th August 2.00pm - 4.00pm**  
**EARTH MAGIC**

See 30th July for details.

● **Wednesday 19th August - 2.00pm**  
**POUNDSTOCK WALK**

Hidden in a small hollow off the A39 is the historic church and Gildhouse. This walk will begin and end here, taking in some of the surrounding countryside of woods and meadows. We should see plenty of flowers and butterflies as well as lovely views. A tour of the recently restored Tudor Gildhouse and cream tea will be available after the walk.

**Leader:** Tim Dingle  
**Meet:** Poundstock church car park. From Bude: take first turning on right for Poundstock church, car park on the left after 200 yds. From Camelford take second turning for Poundstock church, then as before.  
**Details:** 3 miles. There are some ups and downs. Stout footwear. No need to book.

● **Wednesday 19th August 10.30am**  
**WEEK ST MARY HISTORICAL WALK**

See 17th June for details.

● **Wednesday 19th August 10.00am - 3.30pm**  
**SPLASH AND CLAMBER**

See 12th August for details.

● **Wednesday 19th August 11.00am**  
**ROCK POOL RAMBLE Crooklets**

See July 21st for details.

● **Wednesday 19th August 2.00pm - 4.00pm**  
**POND DIPPING**

Join Westcountry Rivers Trust on a pond dip in Bude Marshes followed by a mini beast making in the Tourist Information Centre.